







WANT TO PRESENT THE + - CODE **PROGRAM** TO MY STAFF

WANT TO TRAIN MY STAFF ON EQ AND EMOTIONAL INTELLIGENCE

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www.sourcecodefoundation.org - www.plusminuscode.com





PRESENT THE + - CODE PROGRAM TO YOUR STAFF

In order to help schools with the implementation of the Code +|program, the Source Code Technology Foundation (SCT) offers various training modules for teaching teams.

6-HOUR MODULE, ONE-DAY WORKSHOP



Note: This schedule can be adapted, or given on 2 days.

MORNING SESSION OBJECTIVES:

Analyze the societal dynamics that increasingly lead to behavioural problems, violence, lack of discernment, relationship problems, suicidal tendencies and high dropout rates among today's youth

Study how these societal dynamics are also found in the corporate world through depression, overwork, burn-out, lack of motivation, harassment, feelings of no longer being able to manage one's work

Discover the benefits of emotional intelligence and how it can provide concrete solutions to these societal problems

Study what emotional intelligence (EQ) really is, how it can be applied practically to increase our discernment (especially regarding fake news and influences from social networks and our environment)

3

2

1

Decode the positive and negative aspects of images and videos in order to learn how to evaluate our environment and develop a benevolent, objective and compassionate approach



6



PRESENT THE + - CODE PROGRAM TO YOUR STAFF

AFTERNOON SESSION OBJECTIVES:

Learn to use the +|- Code pedagogical tool and become familiar with its online application

- Learn how to handle the questions from the students and how to create a harmonious learning dynamic
 - In-depth study and practice of the first year subjects of the book Learn to manage one's emotions and to develop one's EQ in a professional or personal context, in order to develop a balanced life at all levels
 - Explore the main avenues that help us, through emotional intelligence, to become positive leaders
 - Develop the fundamental knowledge about emotional intelligence (body and facial expressions, symbolic language, resonance, memories, projections)
 - Study how HP students can also complement their skills significantly by developing their EQ with The +|- Code
 - Learn how students with autistic spectrum disorders, dyslexia or ADHD can greatly benefit from developing their emotional intelligence with The +|- Code
 - Learn how to bring up other topics or media (movies, audio, video, games) to deepen the EQ in various areas

These sessions are given by an SCT expert. To register, please contact us (information on page 6)





TRAIN YOUR STAFF TO EQ AND EMOTIONAL INTELLIGENCE

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Learn to manage one's emotions and to develop one's EQ in a professional or personal context, in order to develop a balanced life at all levels

Explore the main avenues that help us, through emotional intelligence, to become positive leaders

Develop the fundamental knowledge about emotional intelligence (body and facial expressions, symbolic language, resonance, memories, projections)

Learn how to create an inspiring and constructive learning atmosphere through emotional intelligence

Study how HP students can also complement their skills significantly by developing their EQ

Learn how students with autistic spectrum disorders, dyslexia or ADHD can greatly benefit from developing their emotional intelligence

Learn how to bring up other topics or media (movies, audio, video, games) to deepen the EQ in various areas

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CONTACTS

The entire +|- Code team thanks you for your attention and interest in this unique Educational Program.

To register, or for any information about the Training, please contact us at:

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